Appendix 13: Discharge scoring systems

Modified Aldrete scoring system: a score of 10 out of 10 means the child is fit for discharge.

	Score
Level of consciousness	
Fully awake	2
Arousable on calling	1
No response	0
Oxygen saturation (%)	
> 90% breathing room air	2
Oxygen required to maintain saturation > 90%	1
< 90% even when breathing oxygen	0
Circulation/blood pressure	
Systolic BP within 20 mmHg of presedation level	2
Systolic BP within 20–50 mmHg of presedation level	1
Systolic BP > 50 mmHg of presedation level	0
Movement/activity	
Able to move all extremities on command	2
Moves 2 extremities	1
Doesn't move extremities	0
Respiration	
Able to breathe and cough freely	2
Dyspnoea, shallow or limited	1
Breathing apnoea	0

Modified postanaesthetic discharge scoring system

	Score
Vital signs	
The vital signs must be stable and consistent with age and preoperative baseline.	
BP and pulse within 20% of preoperative baseline	2
BP and pulse within 20–40% of preoperative baseline	1
BP and pulse > 40% of preoperative baseline	0
Activity level	
The patient must be able to ambulate at preoperative level.	
Steady gait, no dizziness, or meets preoperative level	2
Requires assistance	1
Unable to ambulate	0
Nausea and vomiting	
The patient should have minimal nausea and vomiting before discharge.	
Minimal: successfully treated with oral medication	2
Moderate: successfully treated with intramuscular medication	1
Severe: continues after repeated treatment	0

Pain *The patient should have minimal or no pain before discharge.* *The level of pain should be acceptable to the patient.* *The pain should be controlled by oral analgesics.* *The location, type and intensity of the pain should be consistent with anticipated postoperative discomfort.* Acceptability: Yes No	 2 1
Surgical bleeding *Postoperative bleeding should be consistent with expected blood loss from the patient* Minimal: does not require dressing changes Moderate: up to two dressing changes required Severe: more than three dressing changes required	 2 1 0