# Appendix 6:

## *Sedation scoring systems*

The level of consciousness can be assessed by using tools such as the Wilson Sedation Scale or the University of Michigan Sedation Scale

### Wilson Sedation Scale

| Score | Description |
|---|---|
| 1 | Fully awake and oriented |
| 2 | Drowsy |
| 3 | Eyes closed but rousable to command |
| 4 | Eyes closed but rousable to mild physical stimulation (earlobe tug) |
| 5 | Eyes closed but unrousable to mild physical stimulation |

### University of Michigan Sedation Scale (UMSS)

| University of Michigan Sedation Scale (UMSS) | | |
|---|---|---|
| 0 | Awake and alert | |
| 1 | Minimally sedated | Patient drowsy, sleepy but rousable to verbal command |
| 2 | Moderately sedated | Patient may be sleeping, can be easily aroused by light tactile stimulation |
| 3 | Deeply sedated | Patient asleep, only rousable by significant physical stimulation, or repeated painful stimuli |
| 4 | Unrousable | No response with significant physical stimulation |