Appendix 12:

Post-sedation monitoring chart and discharge criteria questionnaire

Name of patient:	**Date:**	
	Yes	**No**
Are the blood pressure and heart rate stable?		
Can the patient swallow and cough?		
Can the patient walk without feeling dizzy or faint?		
Is the patient nauseous?		
Is the patient breathing comfortably and of normal colour?		
Is the patient awake and is behaviour appropriate?		
Has the operative site been checked and is bleeding controlled?		
Have written postoperative instructions been given and explained to both patient and carer?		
Is the patient pain free?		
Have possible complications been explained?		
Has a prescription been given or medication dispensed?		
Is there a responsible adult to accompany the patient?		

Monitoring																		
TIME																		
O_2 given																		
RR																		
SpO_2																		
Heart rate:																		
Temperature:																		
BP 190																		
180																		
170																		
160																		
150																		
140																		

130																	
120																	
110																	
90																	
80																	
70																	
60																	
50																	
40																	
30																	

Patient has been assessed and is deemed fit for discharge at: (time and date)

Mode of transport home is:

Signature of recovery nurse: