SASA SOUTH AFRICAN SOCIETY OF ANAESTHESIOLOGISTS

SASA COVID-19 UPDATE

Issued 9 June 2020, 15h00

Healthcare Worker COVID-19 Exposure TOOLKIT

1. Assessment of risk
2. Self-isolation Guideline PACK 1
3. Self-quarantine Guideline PACK 2
4. Private Practice Advice
5. Mental health and Wellbeing
6. Home isolation Information
7. Cleaning information
8. Support + resources

As the COVID-19 pandemic expands within South Africa, the chance of a healthcare worker being exposed to positive patients and co-workers increase.

How do you assess your risk, what must you do and what will happen to you?

Assessment of risk

Scenario 1: Confirmed positive RT-PCR test

Scenario 2: PUI: Person Under Investigation: symptomatic

Scenario 3: High risk, confirmed COVID-19 exposure, asymptomatic

Scenario 4: Low risk, suspected COVID-19 exposure, asymptomatic

Assessment of risk table

Assessment of risk flow chart

PACK 1: Self-isolation Guideline

PACK 2: Self-quarantine Guideline

Private Practice Resource

Home Isolation Information

Cleaning information

Mental Health and Wellbeing

Where can I get more information?

Resources and support available

References:

1. Guidelines for symptom monitoring and management of essential workers for COVID-19 related infection. Department of Health Occupational Health and Safety Committee – COVID 19 Response
2. Guidelines for quarantine and isolation in relation to COVID-19 exposure and infection. Department of health. Dated 5 May 2020
3. Clinical management for suspected or confirmed COVID-19 disease Version 4 (18 May 2020) Department of Health, NICD
4. COVID-19 Quick Reference for Clinical Health Care Workers. NICD version 14. 25 May 2020
5. Department of Employment and Labour Guidelines for Returning to Work. 5 June 2020